

26"-48" Adjustable Web **Restraint Lanyard Manual** 



Always verify the latest revision of the Safewaze Manual is being utilized. Visit the Safewaze website, or contact Customer Service, for updated manuals.

# APPLICABLE SAFETY STANDARDS

When used according to instructions, the Safewaze 26"-48" Adjustable Web Restraint Lanyard meets the ANSI Z359.3-2019 standard and OSHA 1926.502, 1910.140, and 1910.66 regulations. Applicable standards and regulations depend on the type of work being done and may include state-specific regulations. Refer to local, state, and federal requirements for additional information on the governing of occupational safety regarding Personal Fall Arrest Systems (PFAS). The lanyard has been tested in compliance with requirements of ANSI/ASSE Z359.7. The testing does not extend to the substrate to which the lanyard is attached.

## WARNING:

The manufacturer's instructions must be provided to users of this equipment. The user must follow the manufacturer's instructions for each component of the system. The user must read and understand these instructions before using this equipment. Manufacturer's instructions must be followed for proper use and maintenance of this equipment. The user must understand how to safely and effectively use the lanyard and all equipment used in conjunction with the lanyard Alterations to this product, misuse of this product, or failure to follow instructions may result in serious injury or death. Avoid moving machinery, heat, chemicals, electricity, sharp and/or abrasive edges, and any other hazard that could damage or degrade the component

> Do not throw away instructions! Read and understand instructions before using equipment

## AIMPORTANT:

- Please refer to this manual for essential instruction on the use, care, or suitability of this
- equipment for your application. Contact Safewage for any additional questions.
- Only Safewaze, or entities authorized in writing by Safewaze, may make repairs to Safewaze fall protection equipment.
- · Record all important product information below prior to use. Documentation of all
- Competent Person annual inspections is required in the Inspection Log.

# INTRODUCTION

Thank you for purchasing a Safewaze 26"-48" Adjustable Web Restraint Lanvard. The lanvard is for use in mobile elevated work platforms (MEWP), such as bucket trucks or aerial lifts. When in motion, the user must utilize a restraint PFAS. The swivel snap hook end of the lanyard connects to the MEWP's anchor point (may be at foot level). The snap hooks on each lanyard leg connect to the harness side positioning D-rings.

This manual must be read and understood in its entirety and used as part of an employee training program as required by OSHA or any applicable state agency. This manual and any other instructional material must be available to the user of the equipment. Every user must be trained in the inspection, installation, operation, and proper usage of the anchor.

## **SPECIFICATIONS**

The Safewaze 26"-48" Adjustable Web Restraint Lanyard is designed to be used as a restraint or positioning system

- Capacity: ANSI 130 to 310 lbs. (59-141 kg), OSHA 420 lbs. (191 kg) \*including any tools, clothing, accessories, etc.
- Minimum Breaking Strength (MBS): 5,000 lbs. (22 kN)
- 26"-48" of adjustability to accommodate varying user heights.
- High visibility webbing.
- · Materials: Polyester, Zinc Plated Steel
- · Not suitable for fall arrest, Horizontal Lifelines, or material hauling use

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Date of First Use:		
Serial Number:		
Trainer:		
User:		
		V1. 2024 © Safewaze: 220-00114

Address: 225 Wilshire Ave SW, Concord, NC 28025 Phone: (800) 230-0319

WORKER CLASSIFICATIONS

Read and understand the definitions of those who work in proximity of, or may be exposed to fall hazards:

Qualified Engineer: "Qualified Engineer" means a person with a Bachelor of Science in Engineering degree from an accredited college or university. They are able to assume personal responsibility for the development and application of engineering science and knowledge in the design, construction, use, and maintenance of their projects.

Qualified Person: "Qualified Person" means one who, by possession of a recognized degree, certificate, or professional standing, or who by extensive knowledge, training, and experience, has successfully demonstrated their ability to solve or resolve problems relating to the subject matter,

Competent Person: "Competent Person" means one who is capable of identifying existing and predictable hazards in the surroundings or working conditions which are unsanitary, hazardous, or dangerous to employees, and who has authorization to take prompt corrective measures to eliminate them

Authorized Person: "Authorized Person" means a person approved or assigned by the employer to perform a specific type of duty or duties, or to be at a specific location or locations, at the jobsite.

It is the responsibility of a Qualified Person or Engineer to supervise the jobsite and ensure safety regulations are complied with.

## LIMITATIONS

Always select a lanyard and anchor point location that limits free fall and swing fall as much as possible. A free fall of more than 6 ft. could cause excessive arrest forces that could result in serious injury or death

Structures for the attachment of the 023-2135 lanvard shall support a minimum 5.000 lbs. (22 kN) or be designed with a safety factor of two to one by a Qualified Person.

Fall Clearance: There must be sufficient clearance below the anchorage connector to arrest a fall before the user strikes the ground or an obstruction. When calculating fall clearance, account for all applicable factors (Figure 1). A Competent Person must reference the entire system's components to calculate Fall Clearance.

## FIGURE 1: FALL CLEARANCE DIAGRAMS

\*These diagrams are examples of fall clearance calculations ONLY.

		6' HEIGHT OF ANCHOR	6' FF LANYARD OVERHEAD EXAMPLE	
MANCHOR	5' FREE FALL	- <b>*</b>	LANYARD LENGTH	6'
ARANCE FRO	ICE FROM		DECELERATION DISTANCE 48" MAX. PER ANSI 2359.13-2013	4'
RED CLE	LEARAN	ً ط	HARNESS STRETCH 18" MAX. PER ANSI Z359.11-2021	1.5'
18.5' REQUIRED CLEARANCE FROM ANCHOR	12.5' REQUIRED CLEARANCE FROM WORKING SURFACE		HEIGHT OF WORKER WORKING SURFACE TO DORSAL D-RING	5'
	15.	· ·	SAFETY FACTOR	2'

	12' FF LANYARD BELOW D-RING EXAM				
İ	O' HEIGHT OF ANCHOR WORKING SUF	RFACE			11'
	LANYARD LENGTH	6'	19.5' якциверсилелист яком исовомо зивелст	19.5' №	FREE FALL
	DECELERATION DISTANCE 60" MAX. PER ANSI 2359.13-2013	5'	ED CHEARANCE	19.5' REQUIRED CLEARANCE FROM ANCHOR	
طہ	HARNESS STRETCH 18" MAX. PER ANSI Z359.11-2021	1.5'	FROM	NOE FF	
2	HEIGHT OF WORKER WORKING SURFACE TO DORSAL D-RING	5'	WORKING SURF	OM ANCHOR	
	SAFETY FACTOR	2'	Ď.		-

Swing Falls: Prior to installation or use, make considerations for eliminating or minimizing all swing fall hazards. Swing falls occur when the anchor is not directly above the location where a fall occurs. Always work as close to, or in line with, the anchor point as possible. Swing falls significantly increase the likelihood of serious injury or death in the event of a fall (Figure 2). FIGURE 2: SWING FALL

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		S FALL			
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## ANCHORAGE INSTALLATION LOCATION

A Qualified Person or Engineer must conduct an analysis of the workplace and ensure the anchorage location is capable of withstanding loads from a fall. An anchorage location selected for a Personal Fall Arrest System (PEAS) must have a strength capable of sustaining a static load applied in the direction permitted by the PFAS of at least:

- 5.000 lbs. (2267.9 kg) for non-certified anchorages, or
- Two times the maximum arresting force for certified anchorages, or
- 3,100 lbs. for Rescue applications.

When more than one fall arrest system is attached to an anchorage, the strengths set forth in one of the above shall be multiplied by the number of systems attached to the anchorage.

## ALLOWED ANCHOR APPLICATIONS

Personal Fall Arrest: Safewaze Anchors are designed as an anchor point to support a maximum of 1 PFAS when utilized for fall protection applications. The structure to which the anchor is attached must withstand loads applied in the directions permitted by the system of at least 5 000 lbs (22 kN) or be designed with a safety factor of two to one Maximum allowable free fall is based on the connector used



Restraint: Safewaze Anchors are authorized for use in Restraint applications. The structure to which the anchor is attached must withstand loads applied in the directions permitted by the system of at least 1,000 lbs. NO free fall is permitted. Restraint systems may only be used on surfaces with slopes up to 4/12 (vertical/horizontal). For Restraint applications, the allowable attachment points to the harness are Dorsal Front/Sternal, Side, and Shoulder D-rings,



Work Positioning: Safewaze Anchors are authorized for use in Work Positioning applications. Work Positioning allows a worker to be supported during suspension while freeing both hands to conduct work operations. The structure to which the Anchor is attached must withstand loads applied in the directions permitted by the system of at least 3,000 lbs. Maximum allowable free fall is 2' ft. For positioning applications, the allowable attachment points to the harness are the Side D-rings.

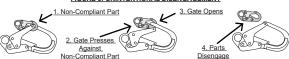


Rescue/Confined Space: Safewaze Anchors are authorized for use in Rescue/Confined Space applications. Rescue systems are utilized to safely recover a worker from a confined location or after exposure to a fall. Composition of rescue systems can vary based upon the type of rescue involved. The structure to which the Anchor is attached must withstand loads applied in the directions permitted by the system of at least 3,100 lbs. NO free fall is permitted. For rescue applications, the allowable attachment points to the harness are Dorsal, Front/Sternal, and Shoulder D-rings.

# COMPATIBILITY OF COMPONENTS/CONNECTORS

- Safeware equipment is designed for and tested with associated Safeware components or systems. If substitutions or replacements are made, ensure all components meet the applicable ANSI requirements. Read and follow manufacturer's instructions for all components and subsystems in your PFAS. Not following this guidance may jeopardize compatibility of equipment and possibly affect the safety and reliability of the system.
- Connectors are compatible with connecting elements when they have been designed to work together in such a way that their sizes and shapes do not cause their gate mechanisms to inadvertently open regardless of how they become oriented.
- Connectors (hooks, carabiners, and D-rings) must be capable of supporting at least 5,000 lbs.
- Connectors must be compatible with the anchorage or other system components.
- Do not use equipment that is not compatible. Non-compatible connectors may unintentionally disengage (Figure 3).
- Connectors must be compatible in size, shape, and strength.
- Self-locking snap hooks and carabiners are required by OSHA guidelines.
- Some specialty connectors have additional requirements. Contact Safewaze if you have any questions about compatibility

# FIGURE 3: UNINTENTIONAL DISENGAGEMENT



Using a connector that is undersized or irregular in shape (1) to connect a snap hook or carabiner could allow the connector to force open the gate of the snap hook or carabiner. When force is applied, the gate of the hook or carabiner presses against the non-compliant part (2) and forces open the gate (3). This allows the snap hook or carabiner to disengage (4) from the connection

# MAKING CONNECTIONS

Snap hooks and carabiners used with this equipment must be double locking and/or twist lock. Ensure all connections are compatible in size, shape, and strength. Do not use equipment that is not compatible. Ensure all connectors are fully closed and locked.

Safewaze connectors (hooks, carabiners, and D-rings) are designed to be used only as specified in each product's manual. See Figure 4 for examples of inappropriate connections. Do not connect snap hooks and carabiners:

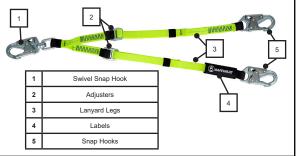
- . To a D-ring to which another connector is attached.
- In a manner that would result in a load on the gate (with the exception of tie-back hooks).
- . In a false engagement, where features that protrude from the snap hook or carabiner catch on the anchor, and without visual confirmation seems to be fully engaged to the anchor point.
- · By wrapping the web lifeline around an anchor and securing to lifeline, except as allowed for
- · To any object which is shaped or sized in a way that the snap hook or carabiner will not close and lock, or that roll-out could occur Website: safewaze com

Fax: 704-262-9051 Email: info@safewaze.com In a manner that does not allow the connector to align properly while under load.



Large throat snap hooks must not be connected to standard size D-rings or similar objects which will result in a load on the gate if the hook or D-ring twists or rotates, unless the snap hook complies with ANSI 2359.12-2019 and is equipped with a 3,600 lb. (16 kN) gate.

# LANYARD COMPONENTS



# **INSTALLATION**

Prior to installing a Safewaze 26"-48" Adjustable Web Restraint Lanyard, a suitable anchor point must be chosen under the guidance of a Competent Person that will provide proper strength for installation of the lanyard.

After installation location has been determined:

- Connect the swivel snap hook end of the lanyard to the MEWP'S anchor
  point.
- Connect the snap hooks on each lanyard leg to the harness side positioning D-rings.
- Use each lanyard leg adjuster to shorten or lengthen lanyard to accommodate user's height. Limit the amount of slack in the lanyard legs to reduce trip hazards.

# LANYARD IN-USE:



## DO NOT:

- -connect more than one person to the Y-Leg system at a time.
- -allow the lanyard legs to become twisted or tangled together.
- -allow any part of the lanyard to pass between legs or under arms during use. -loop the lanyard around small diameter structures and tie-back to itself.

# INSPECTION

- Safewaze lanyards must be inspected prior to each use by the user and at least annually by a Competent Person other than the user.
- Competent Person inspections must be recorded in the Inspection Log included in this manual and on the inspection grid label on the lanyard label.
- Severity of conditions during use of the lanyard may necessitate increased frequency of documented inspections.
- Prior to each use, inspect the lanyard for deficiencies or damage including, but not limited to, sharp edges, rough edges, deformations, corrosion, pits, burrs, chemical exposure, extreme heat exposure, and damaged, missing, or illegible labels
- If any deficiencies or defects are found, the lanyard must IMMEDIATELY be removed from service

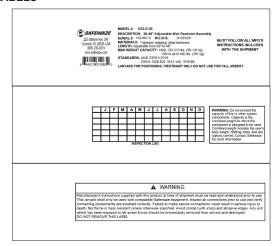
## MAINTENANCE

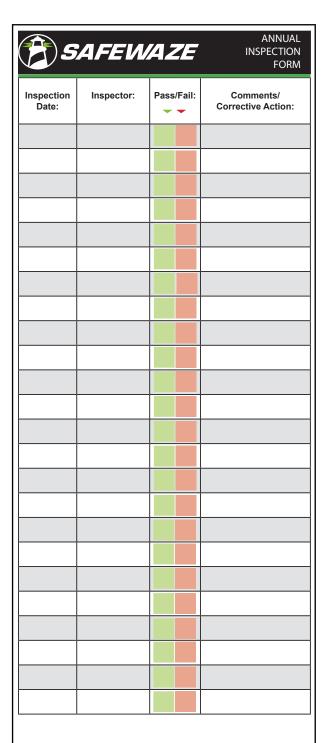
- The lanyard can be cleaned with water and mild soap if necessary. The user should remove all dirt, possible corrosives, and contaminants from the lanyard prior to, and after, each use. Never use any type of corrosive substance to clean the lanyard.
- Excess water should be blown out with compressed air. Hardware can be wiped off with a clean, dry cloth. Do not store lanyard if wet or damp. Allow lanyard to fully dry before being stored.
- Prior to installation, store the lanyard in a cool, dry area where it will not be exposed to extreme light, extreme heat, excessive moisture, or possibly corrosive chemicals or materials.

# **WARNINGS**

- Users should consult with their doctor to verify ability to safely absorb the
  forces of a fall arrest event. Fitness level, age, and other health conditions can
  greatly affect an individuals ability to withstand fall arrest forces. Women who
  are pregnant and individuals considered minors must not use any Safewaze
  equipment.
- Anchors that are exposed to fall arrest forces must be IMMEDIATELY removed from service and destroyed.
- A preplanned rescue procedure in the event of a fall is required. The rescue plan must be specific to the project. The rescue plan must allow for employees to rescue themselves or be promptly rescued by alternative means.
- A Competent Person must conduct an analysis of the workplace and anticipate
  where workers will be conducting their duties, the route they will take to reach
  their work, and the existing and potential fall hazards they may be exposed
  to. The Competent Person must choose the fall protection equipment to be
  utilized.
- Equipment designated for fall protection must never be used to lift, hang, support, or hoist tools or equipment unless specifically certified for such use.

## **LABELS**





If you have any questions regarding the information in this manual, please contact Customer Service at (800) 230-0319.

Website: safewaze.com Address: 225 Wilshire Ave SW, Concord, NC 28025 Phone: (800) 230-0319